



skin body soul

Skin Sheek After Care

What to expect:

- Treated areas may be irritated as well as red.
- Some crusting may form on treated areas (DO NOT PICK). Prematurely picking may cause scarring.
- Scabs may last 7-10 days for larger treated spots.
- If area is still irritated by end of day apply cold compress for 10 minutes.

Post treatments tips and tricks:

- Avoid direct sunlight.
- Avoid steam rooms, vigorous exercise or hot tubs for 24-48 hours after.
- When cleansing the face or showering, use mild products with no alcohol.
- Pat dry vs rubbing to prevent premature removal of crusting or scabs.
- Do not use any form of peeling, scrubs, retinol, or bleaching products until fully healed.
- After crust sloughs is off, the skin may be pink.

You must use a moisturizer or moisturizing sunscreen everyday after treatment.