



skin body soul

Hair Removal Post-Treatment Instructions

Cleanse the treated area gently as needed. Avoid any abrasive scrubs for 48 hours following treatment. You may apply makeup immediately after your treatment. You may also apply deodorant immediately after treatment if needed (following hair removal under arms).

You may feel a mild sunburn feeling in the treated area for up to 24 hours following your treatment. Ice packs may help with the discomfort. Ibuprofen or Tylenol may be taken to help with the discomfort as well. Please let our office know if the discomfort lasts longer than 48 hours following your treatment.

You may have some mild swelling in the treated area following your treatment. This should resolve in 24-48 hours. Avoid exertional activity immediately following treatment as this may cause an increase in swelling. It is recommended to apply 30 SPF or higher at least 15 minutes prior to casual sun exposure on the treated area. If the treated area will be exposed to prolonged periods of sunlight please reapply sunscreen every 2 hours or as needed. Direct sun is not advised for at least 2 weeks after treatment.

Please note that hair appears to 'grow' as it is expelled. The hair will spontaneously fall out within 2-3 weeks of treatment.

After your initial series, you will most likely require maintenance treatments. Heredity is a major factor in determining the frequency of maintenance treatments.

For any questions or concerns following your treatment, please contact us at (573)348-3882. Office hours are Monday-Friday 9AM-5PM.

Signature

Date