



skin body soul

Clear and Brilliant Consent Form

Do not sign this form without reading and understanding its contents.
Feel free to ask if you have questions.

During the procedure, you will be treated with the Clear and Brilliant laser. This laser is used for the following indications:

- Pigmented lesions
- Melasma
- Improving uneven skin texture
- Decreasing pore size
- Softens superficial lines

Explanation of procedure:

The procedure requires multiple treatments over a period of one to two months. You will be interviewed to obtain information regarding your medical history and a clinical examination will be conducted to assess your skin type and to determine if you are a good candidate for this treatment. Prior to treatment, the area to be treated will be anesthetized with topical numbing cream. We recommend an initial series of 3-5 treatments spaced 1 month apart. A maintenance treatment will be needed every 3 months to maintain your results.

The following are among the expected side effects of the Clear and Brilliant procedure:

Discomfort- Most people will feel some heat-related discomfort (pain) associated with this treatment. It is usually temporary during the procedure and occurs only in the treatment area. A small number of patients have reported tenderness in the treatment area lasting up to several weeks.

Redness and swelling- Laser treatment will cause varying degrees of redness and swelling in the treatment area. This is common and can last from a couple of days to a couple of weeks, depending on how aggressive your treatment was.

Itching- This can occur as part of the normal wound healing process or may occur as part of an infection, poor wound healing, or contact dermatitis.

Acne or milia formation- A flare-up of acne or formation of milia (tiny white bumps or small cysts on the skin) may occur. These symptoms usually resolve on their own.

Herpes Simplex Reactivation- Cold sores may erupt in rare occasions- please make the technician aware if you have had a cold sore in the past.

I understand the following are the possible risks or complications associated with the Clear and Brilliant procedure:

Bleeding, oozing, crusting- Aggressive treatment may cause pinpoint bleeding and/or oozing, crusting, or scabbing may then be present after the fluid dries.

Blisters, Burns, Scabbing- Heating in the upper layers of the skin may cause blisters or burns and subsequent scab formation. Steam from the heating may separate the upper and middle

layers of the skin which would result in a blister. The blisters usually disappear within 2-4 days. A scab may be present after a blister forms but should disappear during the natural wound-healing process.

Scarring- This is a possibility due to the disruption to the skin's surface and/or abnormal wound healing. Scars, which could be permanent, may be raised or depressed, and scarring could lead to loss of pigment in the scarred area.

Pigment changes- During the healing process, the treated area may appear to be darker. This is called PIH (post-inflammatory hyperpigmentation). You may have experienced this type of reaction before and noticed it with minor cuts or abrasions. It is more common in darker colored skin, after sun exposure to the treatment area, or with patients who already have a tan. The treated area must be protected from the sun. These spots usually fade in three to six months. In some cases, the pigment change is permanent. During pregnancy, areas of increased pigmentation frequently appear spontaneously. For this reason, laser therapy is not recommended during pregnancy.

Hypopigmentation- In some patients who experience pigmentary alteration, the treated area loses pigmentation and becomes a lighter color than the surrounding skin. This type of reaction may also be permanent.

Infection- If a blister or bleeding is present, an infection of the wound is possible. Any blistering or bleeding must be dressed with an antibiotic ointment and covered. An infection could last seven to ten days and could lead to scarring.

Eye injury- Eye injuries may result from numbing cream getting into the eyes. Your eyes will be covered with protective goggles during treatment and should remain closed during treatment.

Efficacy- All individuals are different. It is not possible to completely predict who will benefit from the procedure. Some patients will have very noticeable improvement, while others may have little or no improvement.

It is important to follow all post-treatment instructions carefully.

I, the undersigned, have read and I understand the information contained within this consent form. My signature below indicated that I have read and understand the information on the consent. Further, my signature below indicated my consent to the treatment described and my agreement to comply with the requirements placed on me by this consent form.

Name: _____ Signature: _____

Date: _____